



# GREAT SMILES

PEDIATRIC DENTISTRY & ORTHODONTICS

## Protocol for After Care and Wound Management

### Patient Discomfort

- A. Traditional oral pain meds
  - Children's Tylenol (see chart)- prefer clear version
  - Ibuprofen (see chart)- should not use with babies under 6 months of age.
- B. Coconut Oil
- C. Skin to skin contact
- D. Gentle facial massage
- E. Warm water bath
- F. Breast milk ice shavings (not water)
- G. Cold wash cloth to suck on
- H. Homeopathic Remedies (Rescue Remedy, Arnica Montana)
- I. Place pacifier in refrigerator and get cold or use cold teething rings.

*\*Do not use Orajel (benzocaine) in children under 2 years old  
(methemoglobinemia)\**