



# GREAT SMILES

PEDIATRIC DENTISTRY & ORTHODONTICS



## Instructions for Separators

Today, we placed separators for your upcoming banding appointment. The purpose of the separators is to make space so that we will be able to fit orthodontic bands around those particular teeth.

Here are some instructions to follow:

1. Do not eat anything sticky or gooey. Ex: bubble gum, taffy, etc.
2. Do not pick at the separators.
3. Do not floss in the areas where the separators are located until after they are removed.
4. If your teeth get sore, please take the necessary pain medication that works for you. Ex: Tylenol, Advil, etc.

*If you have any questions or concerns, please call our office.*



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